



Connecting students  
to provide awareness  
and support on eating  
disorders

## What is SEDA Western?

SEDA (Students for Eating Disorder Awareness)

Western is a safe space for those who have experience with eating disorders or those who want to learn more about them.

## Our Mission as a Club:

- organize and engage students in events and activities (NEDA Walk, Awareness Weeks)
- to build a support system in the Western community that advocates and informs students on the illness

## Make an impact at Western and join SEDA!

We are in search of all students who are passionate about advocacy for eating disorders – whether you are a fighter or an ally! Become more knowledgeable about eating disorders, participate in exciting activities and help raise awareness to the ED conversation!

(a \$5 membership fee is required when signing up)

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Contact Us!

Instagram: [sedawestern](#)

Email: [seda.club@westernusc.ca](mailto:seda.club@westernusc.ca)