

HEART & STROKE WESTERN

WHAT IS HEART & STROKE?

- An organization that has invested more than \$1.55 billion in life-saving research
- Contributed towards a 75% decline in heart disease and strokes
- Hosts many large-scale fundraising events throughout the year

\$4800+

raised for heart & stroke in the past two years

HOW TO GET INVOLVED

- Join as one of our many general members to gain access to member exclusive content
- Attend our various events during the year
- Apply to the many executive positions available such as campus representative, events coordinator, content editor, and more!
- Follow our social media pages!

CONNECT WITH US



heartandstrokeuwo



@heartandstrokeuwo



heartandstroke.club@westernusc.ca

WHAT DOES HEART & STROKE WESTERN DO?

- Organizes large-scale events and fundraising initiatives at Western University to raise money and donate to Heart & Stroke
- Runs campaigns that focus on spreading awareness about heart disease and stroke



EVENTS INCLUDE:



SPORTS EVENTS



SOCIAL MEDIA CONTESTS



SELF CARE KITS



GLOW-IN THE-DARK YOGA, ZUMBA



BAR NIGHTS



COOKIE DOUGH SALES

More information about our annual general meeting and executive positions to come, join our mailing list and follow our social media to stay updated!