

WESTERN FOR THE ELDERLY



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CLUB!**

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WESTERN

FOR THE

ELDERLY

GOAL: SOCIALS:

GAIN VOLUNTEER EXPERIENCE

HEALTHCARE EXPOSURE

**COMBAT SOCIAL ISOLATION
& LONELINESS AMONG
THE ELDERLY**

WHEN & WHERE:

Western for the Elderly



To bring Western students with London's elderly population in hopes to unite the two in sharing ideas, attending events and forming friendships! In a society with an ever aging population, we seek to ameliorate the lives of the elderly using the young, enthusiastic personalities that Western students maintain in order to decrease the loneliness of the elderly and by helping them with everyday tasks.

Our events aim to build a relationship between Western students and London's elderly in order to close the gap between the differing perspectives and hobbies that these two groups maintain and provide the opportunity for students to gain valuable experience volunteering at the affiliate long-term care homes.



westernfortheelderly

Western for the Elderly

Pen Pal Exchange

Get matched up with a long-term care home resident and get to know one another!

In-Person Visits at Long-Term Care Homes

Visit residents at Extendicare

Brighten up their day

Help them with everyday tasks

Gain valuable experience

Bi-weekly zoom meetings and monthly
long-term care home visits at
Extendicare London!

Western for the Elderly







